

Art Rocks & Healing Yoga Studio Café

Meditation Stand-Alone Module (30 Hours)

■ Dates: **February 7–8, 2026**

■ Tuition: **\$595 + HST**

Applicant Information

Full Name: _____

Date of Birth: _____ Phone: _____

Address: _____

Email: _____

Emergency Contact: _____

Yoga Background

1. What is your current yoga practice?
2. Have you practiced meditation before? If yes, what style or tradition?
3. Do you have any injuries, conditions, or special needs we should be aware of?

Policies & Agreement

- Tuition: \$595 + HST
- Payment is due in full at time of registration.
- \$150 of tuition is non-refundable.
- No cancellations within 14 days of module start.
- No refunds once the program has started.
- Students are responsible for the full tuition regardless of attendance.

Note: This module counts toward the **200-Hour YTT Program** if you choose to continue your training.

Signature: _____ Date: _____